

NEW: ONLINE COUNSELLING



psychosocial counselling for refugees

Stress, concentration problems, insomnia, worries? Need to talk to someone? We are listening. No matter what you want to talk about.

Adtendo e.V. Konstanz is an independent group of students who offer **psychosocial counselling for adults**. We have the opportunity to refer to local leisure time offers and/or professional health care institutions. Usually we hold our counselling meetings in a private room at the Café Mondial. Moreover, we offer **online counselling via video call**. Please contact us via email for appointments!

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Termine nach Vereinbarung